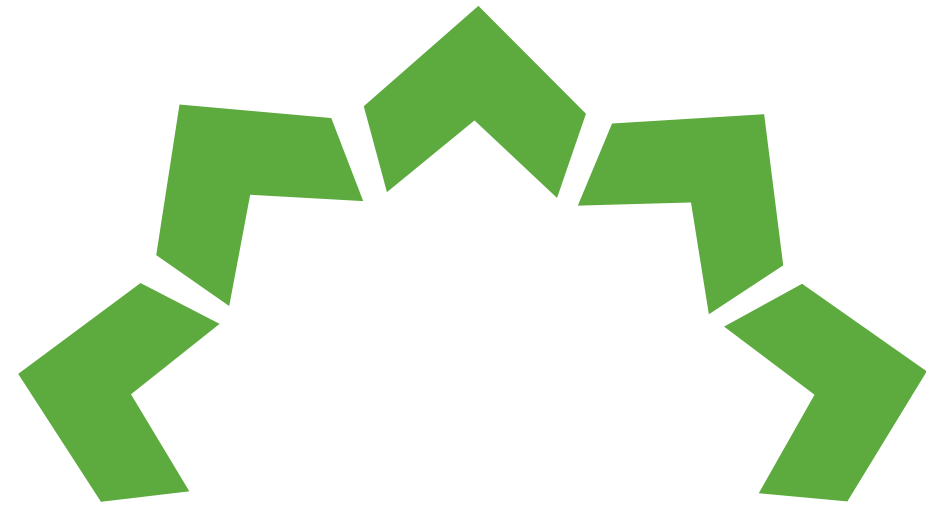


SURPRISING

FOOD ITEMS THAT CAN BE FROZEN



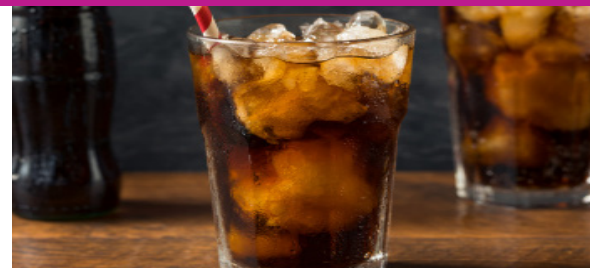
FRUIT

Veggies are a well known freezable item, but did you know fruit can also be frozen down too?



HARD CHEESE

Soft cheese can not be frozen, however, hard cheese is perfect to be frozen down for around 1 month.



FIZZY DRINKS

Despite their fizzy contents, fizzy drinks can be frozen down to be enjoyed at a later date.



HERBS

Much like vegetables and fruit, excess herbs are also ideal for freezing.



MILK

An often unknown freezable item, one which is normally a big culprit for food waste.



PASTA & RICE

When cooked, pasta and rice is great to freeze down, perfect for when you make extra spaghetti bolognese!



POTATO

A vegetable that is great for freezing that many people do not know about!



WINE

Opened a bottle but can't finish it? Freeze it down, it will be perfect for cooking with or even for a spontaneous evening drink!