

4 WAYS

TO DEAL WITH EXCESS WASTE FROM THE FESTIVE SEASON



It's the most wonderful time of the year, but also the most wasteful. Here are some shocking statistics about Christmas Waste, accompanied by some tips on how to tackle them.

We produce 30% more waste at Christmas than at any other time of year. Food waste, plastic, card / paper, glass, metal and clothing waste are all increased during the December festivities, and we have some advice on how you can help reduce this waste and make your 'White Christmas', green.



OH CHRISTMAS TREE

Real Christmas trees are a very popular part of the festivities but a 2m Christmas tree will produce 16 kg of carbon dioxide if sent to landfill. If you do decide to opt for a real tree, you should always try and find a suitable recycling centre so it can be correctly disposed of. However, a plastic tree can be saved and reused for many years to come - the far more sustainable option.



PAPER PROBLEMS

Paper and card is the most recycled material during the festive period. It is a shocking statistic that 227,000 miles of wrapping paper is disposed of each year.

In order to ensure this paper is recycled, we must avoid glittery and glossy styles as these cannot. If your paper passes the 'Scrunch Test' it can be recycled in the paper bin.



CHRISTMAS LEFTOVERS

Did you know that 1,315 tonnes of Christmas dinners (including 17.2 million sprouts) are wasted each year! This is often the result of over purchasing and over cooking!

Before you head to the supermarkets, make sure you make a list of what you need, and if you have any leftovers freeze them down for another day to come. If you have over purchased you can always donate to a local food bank, as well as helping families in need you will also be helping the planet.



CARD CHAOS

300,000 tonnes of card is disposed of each year during the festive period. Ensuring this card is correctly recycled, and contamination is avoided is very important. When buying these festive cards we always try to encourage that you look for the ones that are recyclable or made from recycled material.

