

# Plastics -

## The Sustainable Choice



Replacing plastic with other materials such as glass or paper doesn't necessarily make for a straightforward, environmentally-friendly swap.

There are several reasons why plastics are the most sustainable option.

### Why plastic is used



keeps food fresher for longer, which reduces food waste. A small bit of plastic can increase the food life up to 24 days.



Plastic is light and compact which reduces transport needs and carbon emissions.



Plastic is durable – it won't smash like glass or disintegrate like paper.



Plastics have been made into a variety of different shapes, styles and products, they can then be easily reused and recycled.



Plastics are a great material to use for medical purposes, including PPE, due to their lightweight and durability.